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By Anita Naik

Hachette Children s Group, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book. With queen bees, drama queens and cliquey teens girl friendships can be tough! Teen Life Confidential is here to help with this guide for teenagers looking for help surviving the friendship game. Hanging out with your best friends can be awesome, but what happens when things go wrong? Queen Bees, Drama Queens and Cliquey Teens answers your friendship problems and questions and gives advice on everything from how to cope with the bullies and mean girls at school, to how to be a better friend yourself. Written by experienced author Anita Naik, this title explores all aspects of teenage girl friendships and the problems that surround them. We look at what being popular means, the downsides of friendships and what to do when things go wrong. Includes an 8 ways to empower yourself guide. Self-esteem and self-confidence are vital when coping with girl friendships and girl bullying, so we ve given 8 things that the reader can do every day to improve their confidence and build their self esteem. Each section is accompanied by quotes from real teenagers to give examples of real-life problems that teenagers...

Reviews

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