



How to Use Left-Overs: Issued by Mayor Mitchels Committee on Food Supply (Classic Reprint)

By John Purroy Mitchel

Forgotten Books. Paperback. Condition: New. This item is printed on demand. 38 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Excerpt from How to Use Left-Overs: Issued by Mayor Mitchels Committee on Food Supply To the Purchasing Public: European housewives are noted for knowing how to combine leftovers in such a way as to make most savory and nourishing dishes; indeed, it is a common saying that a European family can live on what the average family in this country throws away. Every scrap of food left over from a meal can be used in some way. Learn To Save Money By Avoiding Waste. If possible, buy for more than just one meal at a time; in other words, when buying, plan to have something left over for another meal, particularly where the first cooking takes a long time or where the food can be reheated to advantage. This will save you time, labor and money. This pamphlet contains over one hundred and twenty-five suggestions on the use that can be made of various left-overs. We have also issued a pamphlet on vegetables. It contains a lot of useful information, gives a list of the various vegetables to be had in the New...



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