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Global Kitchen: The World s Most Delicious Food Made Easy (Hardback)

By David Joachim

Oxmoor House, Incorporated, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book. It is an exciting time to be in the kitchen with so many incredible, flavorful ingredients from around the globe in our local supermarkets. We can thank globalization for stimulating our taste buds--and for making it easier to eat healthy. David Joachim, Author Cooking Light Global Kitchen brings a world of flavor, texture, and enticing aromas to your everyday meals. In this book, the sometimes intimidating topic of preparing your favorite ethnic-inspired dishes is made easy, approachable, and, most importantly, doable for home cooks of any skill level, by using ethnic ingredients easy-to-find in your local grocery store! New York Times Bestselling author David Joachim, shares fascinating stories behind the world s most loved dishes as well as tips and techniques from 15 notable chefs and experts such as Rick Bayless, Marc Vetri, Michael Solomonov, Lidia Bastianich, Marcus Samuelsson, Jose Garces, Mark Bittman, and many more. We ll show you how to create Mexican chile rellenos, homemade pasta in the Italian tradition, Thai sticky rice, Egyptian koshari, and many other dishes without venturing further than the supermarket. You ll get a taste of the world...



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