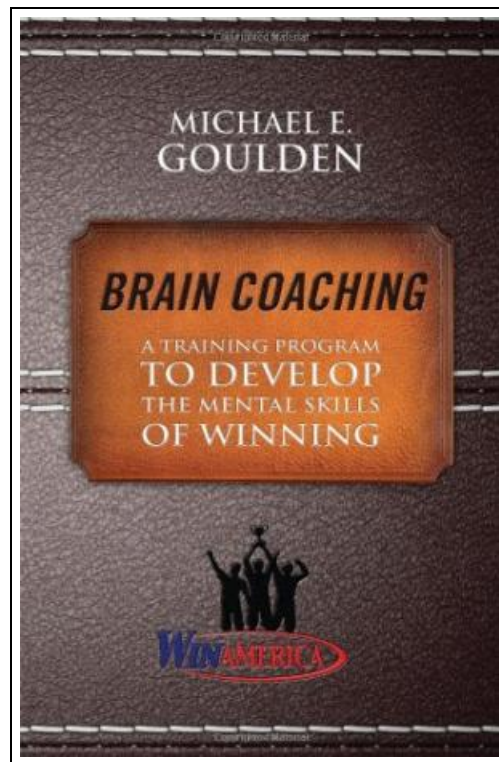


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BRAIN COACHING: A TRAINING PROGRAM TO DEVELOP THE MENTAL SKILLS OF WINNING (PAPERBACK)



Outskirts Press, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Unquestionably the best book I ve ever read on winning. It is the only one I ve ever seen that truly teaches how to be a winner. It does so in such a simple, step-by-step way that anyone can do it. I will be using WinAmerica to prepare both of my sons for sports and for life after sports. In addition, I will be using it to my own benefit in business. I wish I would have had these instructions ten years ago. I can only imagine where I would be now. Great job Mike! Richard Zemlak5 yr. veteran of the NHLThe WinAmerica program supercharges the principles that I have taught in golfing for thirty years. It is clear, well organized and simple to understand. It deals with factors that very few athletes ever come to terms with. This will put athletes over the top with their goals and dreams. It greatly improves both the probability of achieving them and the speed with which they will do it. WinAmerica has provided me personally with better fuel to achieve my own goals in the field of golf instruction. It adds rhyme and reason to the process of becoming a winner. Thanks coach! Mark Egly-1982 Graduate of Michigan State University with an Education degree with studies in physiology, kinesiology, anatomy and sports mechanics. -2002 2006 Iowa PGA Teacher of the Year-Golf Digest s #1 golf instructor in Iowa (2003, 2004, 2005, 2006 and 2008) -Iowa PGA Teacher of the Year (2002 2006) -Presenting speaker for ISU s Annual State High School Coaches Clinics (2004-2009).



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