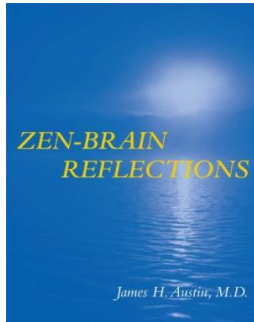


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MIT Press Ltd, United States, 2010. Paperback. Book Condition: New. 222 x 172 mm. Language: English . Brand New Book. This sequel to the widely read Zen and the Brain continues James Austin s explorations into the key interrelationships between Zen Buddhism and brain research. In Zen-Brain Reflections, Austin, a clinical neurologist, researcher, and Zen practitioner, examines the evolving psychological processes and brain changes associated with the path of long-range meditative training. Austin draws not only on the latest neuroscience...

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- Authored by James H. Austin
- Released at 2010



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