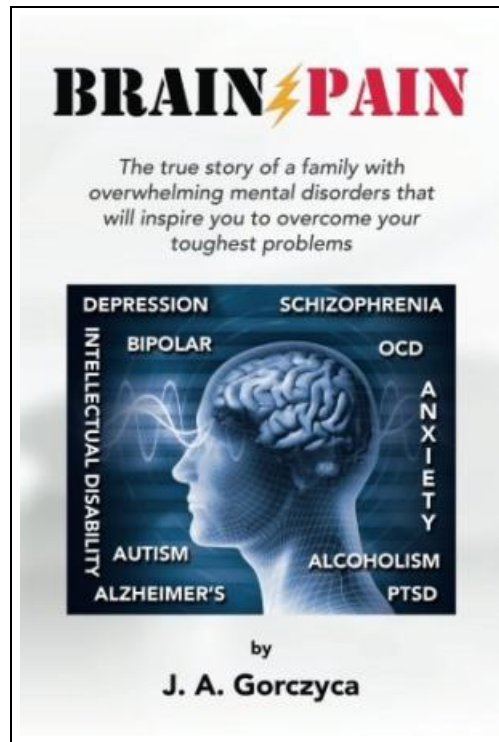


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J. A. Gorczyca, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Based on the true story of a family with overwhelming mental disorders that will inspire you to overcome your toughest problems. \*\*\* Millions of people worldwide are in pain - mental pain. We have many names for this pain: mental illness, mental disorders, mental health problems. It comes in many forms: depression, bipolar disorder, anxiety, schizophrenia, OCD, and PTSD as well as Autism, alcoholism and intellectual disability. Mental illness spares none- the rich and the poor; the old and the young; all races, all nationalities. Stigma remains a major obstacle for people coping with mental disorders. Less than a third of people who have a mental disorder receive treatment. Some hesitate for fear that others will treat them differently. It could happen to you - or someone in your family. Let me tell you about my family. I want to share the story of my family s struggles in battling depression, bipolar disorder, schizophrenia, anxiety disorder, alcoholism, Alzheimer s, and mental retardation. Our family has won some battles and we have lost some battles - but our family has always been courageous and loving and supportive of each other. Whether you are someone who is struggling with mental health problems or you are someone who is a caregiver, I have a message to all: There is hope!.



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