



Overcoming Functional Neurological Symptoms: A Five Areas Approach

By Christopher Williams, Alan Carson, Sharon Smith

Taylor Francis Ltd, United Kingdom, 2011. Paperback. Book Condition: New. 241 x 173 mm. Language: English . Brand New Book. Overcoming Functional Neurological Symptoms uses the proven and trusted five areas model of Cognitive Behaviour Therapy (CBT) to help people experiencing a range of medically unexplained symptoms, including chronic headaches, fatigue, dizziness, loss of sensation, weakness and numbness. Easy to use and practical, this CBT workbook:

- * Presents the insights of award-winning authors who are experts in the field
- * Contains therapeutic advice proven to work through years of research and practice
- * Ensures patients success through specific plans leading to positive results
- * Provides advice for friends and family of patients

This book is designed for CBT practitioners, psychiatrists, psychologists, neurologists, physiotherapists, occupational therapists and healthcare workers to share with their patients. A linked and completely free online support course is located at with additional resources at.



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