

Fast Facts: Chronic Obstructive Pulmonary Disease



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Reviews

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(Leanne Cremin)

FAST FACTS: CHRONIC OBSTRUCTIVE PULMONARY DISEASE



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Health Press Limited, United Kingdom, 2015. Paperback. Book Condition: New. 3rd edition. 208 x 150 mm. Language: N/A. Brand New Book. Although there is no cure for chronic obstructive pulmonary disease (COPD), encouraging smoking cessation and a combination of pharmacological and non-pharmacological management may prevent deterioration of the condition, improve lung function and thus symptoms, and improve health status and functional ability of patients. These are attainable goals that will ultimately improve the quality of life for patients and may also decrease the healthcare costs associated with this disease. This fully updated third edition of *Fast Facts: Chronic Obstructive Pulmonary Disease* offers a concise and expert review of: * current guidelines * the disease process, its causes and progression * diagnostic techniques, including lung function tests and imaging * differential diagnoses * the main clinical features, systemic effects and comorbidities * current treatments to reduce symptoms and improve lung function in stable disease * the prevention and management of acute exacerbations * the latest clinical trial results, supporting aggressive therapy to reduce lung function decline * risk factor reduction, primarily through smoking cessation * future diagnostic and therapeutic developments. Intended as a practical and accessible resource for all general practitioners, practice nurses, specialist nurses, junior hospital doctors, paramedics, medical students and other allied healthcare professionals, this handbook will provide a breath of fresh air to the field of COPD.



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